

## Contents

- A1 Editorial Board  
A3 Highlights of this issue

### Editorials

- 1 Are neuropsychiatric symptoms modifiable risk factors for cognitive decline in Alzheimer's disease and vascular dementia?  
George Savulich, John T. O'Brien and Barbara J. Sahakian
- 4 Welfare and well-being: towards mental health-promoting welfare systems  
Steven L. Senior, Woody Caan and Mark Gamsu

### Reviews

- 6 Prevalence and correlates of major depressive disorder, bipolar disorder and schizophrenia among nursing home residents without dementia: systematic review and meta-analysis  
Michele Fornaro, Marco Solmi, Brendon Stubbs, Nicola Veronese, Francesco Monaco, Stefano Novello, Andrea Fusco, Annalisa Anastasia, Domenico De Berardis, André F. Carvalho, Andrea de Bartolomeis and Eduard Vieta
- 16 Trajectory of blood pressure, body mass index, cholesterol and incident dementia: systematic review  
Ruth Peters, Jean Peters, Andrew Booth and Kaarin J. Anstey

- 28 100 words on positive reward prediction error  
Pavan Mallikarjun

### Papers

- 29 Aluminium and fluoride in drinking water in relation to later dementia risk  
Tom C. Russ, Lewis O. J. Killin, Jean Hannah, G. David Batty, Ian J. Deary and John M. Starr
- 35 Clinical effectiveness of the START (STRategies for RelaTives) psychological intervention for family carers and the effects on the cost of care for people with dementia: 6-year follow-up of a randomised controlled trial  
Gill Livingston, Monica Manela, Aidan O'Keeffe, Penny Rapaport, Claudia Cooper, Martin Knapp, Derek King, Renee Romeo, Zuzana Walker, Juanita Hoe, Cath Mummery and Julie Barber

- 42 100 words on reward prediction error  
Karl Friston

- 43 The individual course of neuropsychiatric symptoms in people with Alzheimer's and Lewy body dementia: 12-year longitudinal cohort study

Audun Osland Vik-Mo, Lasse Melvaer Giil, Miguel Germán Borda, Clive Ballard and Dag Aarsland

- 49 Changing prevalence and treatment of depression among older people over two decades

Antony Arthur, George M. Savva, Linda E. Barnes, Ayda Borjian-Boroojeny, Tom Dening, Carol Jagger, Fiona E. Matthews, Louise Robinson, Carol Brayne and the Cognitive Function and Ageing Studies Collaboration

### Short report

- 55 Revisiting the one in four: the prevalence of psychiatric disorder in the population of England 2000–2014  
Paul E. Bebbington and Sally McManus

### Columns

- 58 Correspondence  
60 Book reviews  
61 Contents of the *American Journal of Psychiatry*  
61 Contents of *BJPsych Advances*  
62 Kaleidoscope

### Cover picture

The Corridor by Jill Chaloner, oil on board, 51 × 61cm This painting arose out of memories of working and training in several old asylums, Claybury, Bexley and Warley hospitals among others. Also at the back of my mind was a paper I read in the yellow Journal more than 30 years ago entitled "The Corridor People". It was a study of patients whose main activity was daily wandering in the main hospital corridor and who were not in receipt of any other "therapy". It was argued that their seemingly purposeless activity could in fact be part of a healing process. In my picture though the human figures seem to inhabit deep darkness, bright light is never far away hinting at the possibility of transformation.



The painting is part of a series that portray human predicaments in bleak and adverse physical environments and was exhibited at the Sudbury Art Fair in 2019. Jill Chaloner is an East Anglian artist trained at the Norfolk Painting School who previously worked as a Consultant Psychiatrist in the NHS for 20 years.

We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London, E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).