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Cover picture

Sun and Moon (2015)

by Jephson Robb (b. 1970)

Robb was commissioned by NHS Greater Glasgow and Clyde through Gartnavel Royal Hospital's 'Art in the Gart' initiative to design a sculpture to mark the 200 years since the opening of Glasgow's first asylum in 1814. The final work (comprising *Sun and Moon* and *Two Hearts*, see last month's *BJPsych*) was unveiled on 27 May 2015 by staff and patients.

In the past mental illness has been related to the phases of the moon. Hence the origins of the word 'lunatic' derived from the Latin *luna*, meaning moon. The hospital's motto is RELUCEAT, meaning 'let there be light, again'. Patients often refer to themselves as being in a dark place, and when they feel better, they can be described as being in a brighter mood.

Sun and Moon is a convex circular sculpture with a 2.5-metre diameter. On one side there are several mirror polished, concave, circular dishes, while the other side is entirely mirror polished. *Sun and Moon* considers the dualities of life, and seeks to communicate the dual states of mental health. First mental illness is represented through the many mirror polished circular concave dishes which have the effect of fragmenting and dividing the world and the viewer by reflecting them several times as well as upside down. Mental wellbeing is represented by the other side through a unified and right way up reflection of the viewer.

While this sculpture and *Two Hearts* (featured last month) can stand alone, they can be combined in the mind to create 200 to mark the 200 years since 1814, the opening of the Glasgow's first asylum.

The realisation of both sculptures was made possible by Colin McCormack (Head of Mental Health at Gartnavel) through conceiving and funding the project and by the Bicentenary Commissioning Group made up of mental health service users and NHSGGC staff.

Thanks to Jephson Robb, Dr Anne Nightingale, Dr Iain Smith, Ms Fiona Sinclair and Mr Colin McCormack.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescott Street, London E1 8BB, UK or bjp@rcpsych.ac.uk.

